



Open Discussion

Topic: Anger

Level: Advanced

Date: Mordad 19th

1. What causes anger?
2. Are there different types of anger?
3. What are various ways people respond to anger? Do you think men and women show their anger differently?
4. Is anger ever justified? If so, how can we determine whether it is?
5. Is anger ever a good thing? Is anger ever a bad thing? If so, when? Why?
6. Are there better and worse ways to respond to one's own anger?
7. How do you decide what to do when you get angry?
8. What makes you angry? What are the situations that make you angry?
9. When was the last time you got angry? Tell us about it.
10. What do you usually do when you get angry?
11. What are the physical effects of getting angry? (e.g. blood pressure...)
12. Is getting angry an effective way of dealing with problems?

(For more related vocabulary see Oxford Word Skills Advanced Book Units 15 and 18)

