

7 CHANGING TIMES

LESSON A • Lifestyles in transition

1 Grammar

- | | |
|----------|----------|
| 1. that | 5. who |
| 2. that | 6. that |
| 3. which | 7. which |
| 4. that | 8. whose |

2 Grammar

- O; Physical fitness is an important goal that a lot of people try to achieve.
- R; Many people who / that find the time to work out regularly at a gym stay fit.
- O; For the best results, it's important to find a gym (that / which) you like.
- R; It may be a good idea to hire a trainer who / that can work with you privately.
- R; Your trainer can give you advice that / which can help you avoid injuries.
- O; If you get bored at the gym, try bringing some music (that / which) you can listen to while you exercise.

3 Vocabulary

- | | |
|---------------|------------------|
| 1. indecisive | 4. consistent |
| 2. immature | 5. inconsiderate |
| 3. illogical | 6. responsible |

4 Grammar

Answers will vary.

5 Writing

- A**
- I feel it is very important for families to have regular meals together.
 - The focus of the second paragraph is how they decided on the days to have dinner together.
 - The focus of the third paragraph is how the family dinners went.
 - The idea of having regular family meals together, which seemed difficult at first, has brought about many positive changes in our lives.

B Answers will vary.

C Answers will vary.

LESSON B • A change for the better

1 Grammar

- | | |
|--------------|------------|
| 1. like | 5. the way |
| 2. as if | 6. As |
| 3. as though | 7. as if |
| 4. as | 8. Like |

2 Vocabulary

1. e 2. b 3. f 4. d 5. c 6. a

3 Grammar

Possible answers

- He feels as if he has lost a family tradition.
- She feels the way she did when she began school and made many new friends.
- She feels as though she is becoming less close to her grandmother.
- He feels like he has found an exciting new career.

4 Grammar

Answers will vary.

5 Reading

- A**
- | | |
|-----------------|---------------|
| 1. outbreaks | 3. analogy |
| 2. epidemiology | 4. contagious |
- B** 1, 2, 5